

RIVER HEIGHTS Community News

COMMUNITY ASSOCIATION

www.riverheights.sk.ca
Winter, 2016



With our long warm fall behind us, winter has finally arrived. Have you changed your vehicle's tires yet? Lots of homes already have awesome winter decorations welcoming this beautiful white season and New Year! Kids cannot wait for the winter sports to begin, and adults are curious about what is being offered for indoor programs. You'll find all the answers in this Newsletter! River Heights Community Association Committee members wish you all a wonderful winter and happy new year! ☺



River Heights Community Association

Mission Statement
"To promote and enhance the quality of life of the people of River Heights through the provision of programs, amenities, and green space, by ensuring the needs of the community are represented."

River Heights
PO Box 25023
Saskatoon, SK
S7K 8B7

Website:
www.riverheights.sk.ca

Facebook: *River Heights Community Association*

"We are excited to announce the successful Fall launch of the RHCA online registration. I appreciate all the time and effort that went in to the implementation.

Website Co-ordinator Andrew Welham spent many hours, along with our hard-working Program and Sports Co-ordinators Hali, Erica & Jessica (as well as several others) ensuring we could offer our community members an alternate way to register for our many programs.

Well done!!"

- RHCA President
Gerald Rousell.

Thank You





RIVER HEIGHTS COMMUNITY ASSOCIATION WINTER 2016/2017 PROGRAMMING

REGISTRATION: Online beginning Dec 4th through to 17th and In-person THURSDAY JANUARY 5TH River Heights School – Large Gym from 5:30pm to 7:30pm.

- For programming details and updates, please go to www.riverheights.sk.ca.
- We honour all community association memberships. Annual Memberships may be purchased at a cost of \$10, if needed.

MONDAYS

CLASS	AGE	TIME	DATES	INSTRUCTOR	LOCATION	COST
Advanced Yoga	18+	6:30pm to 8pm	Jan 9 th – Mar 6 th Cancelled Dates: Feb 20	Sarah Junkin	River Heights School – Sm Gym	\$85
Beginner Yoga	18+	8:15pm to 9:15pm	Jan 9 th – Mar 6 th Cancelled Dates: Feb 20	Lisa Leis	River Heights School – Sm Gym	\$55
Butts N' Guts*	18+	8:15pm to 9:15pm	Jan 9 th – Mar 6 th Cancelled Dates: Feb 20	K-Rush Fitness	River Heights School – Lrg Gym	\$30
Co-ed Badminton	16+	9:15pm to 10:15pm	Jan 9 th – Mar 6 th Cancelled Dates: Feb 20	Self-instructed	River Heights School – Lrg Gym	\$15
Family Tae Kwon Do - Beginner	4+	6pm to 7pm	Jan 9 th – Mar 6 th Cancelled Dates: Feb 20	Jim Daley	St. Anne's Gym	\$45 includes 1 parent, 2 children
Family Tae Kwon Do - Advanced	4+	7pm to 8pm	Jan 9 th – Mar 6 th Cancelled Dates: Feb 20	Jim Daley	St. Anne's Gym	\$45 includes 1 parent, 2 children

TUESDAYS

Zumba	18+	7pm to 8pm	Jan 10 th – Mar 7 th Cancelled Dates: Feb 21	Heather McDonald	River Heights School – Sm Gym	\$30
Fundamentals of Drawing NEW CLASS	18+	7pm to 8:30pm	Jan 17 th – Mar 7 th Cancelled Dates: Feb 20	Crystal Rassi	River Heights School – Conference Room	\$65

WEDNESDAYS

Pilates 1.0	18+	7pm to 8pm	Jan 11 th – Mar 8 th Cancelled Dates: Feb 22	Diane Hein	River Heights School – Sm Gym	\$50
Pilates 1.5	18+	8pm to 9pm	Jan 11 th – Mar 8 th Cancelled Dates: Feb 22	Diane Hein	River Heights School – Sm Gym	\$50

THURSDAYS

Zumba	18+	7pm to 8pm	Jan 12 th – Mar 16 th Cancelled Dates: Feb 9/ 23	Heather McDonald	River Heights School – Sm Gym	\$30
Butts N' Guts	18+	8:15pm to 9:15pm	Jan 12 th – Mar 16 th Cancelled Dates: Feb 9/ 23	K-Rush Fitness	River Heights School – Lrg Gym	\$30

FRIDAYS

Floor Hockey	4 to 6yrs	6:30pm to 7:15pm	Jan 13 th – Mar 17 th Cancelled Dates: Jan 27, Feb 24, Mar 10	TBD	River Heights School – Sm Gym	\$15
Floor Hockey	7 to 9yrs	7:15pm to 8pm	Jan 13 th – Mar 17 th Cancelled Dates: Jan 27, Feb 24, Mar 10	TBD	River Heights School – Sm Gym	\$15

NEW:

FUNDAMENTALS OF DRAWING

Instructor: Crystal Rassi

Time: Tuesday at 7pm to 8:30pm River Heights School

Class Information: An introduction to drawing for adults. Covering the importance of line, shape, contour, perspective, and shading, you'll be able to manipulate your pens and pencils like you never thought you could before. Focus is on basic still life and landscape to be able to get your feet wet for more complex subjects.

Required Class Materials: ***All materials can be purchased at Art Placement, downtown Saskatoon***

Pencils - 1ea...2H, 2B, 5B, 8B	1-Compressed Charcoal (medium)
Pencil sharpener	Blending stick
1-gum eraser	1-white eraser
1-kneaded rubber eraser	1- Economic Newsprint pad 18x24.
1- Canson 11x14 drawing pad	

Examples of Crystal's Work:

