

RIVER HEIGHTS COMMUNITY ASSOCIATION

SPRING 2017 PROGRAMMING



www.riverheights.sk.ca

REGISTRATION: Online beginning Mar 12th through to March 29th. In-person registration will be held March 29th from 5:30pm to 6:30pm in River Heights School Library.

- For programming details and updates, please go to www.riverheights.sk.ca.
- We honour all community association memberships. Annual Memberships may be purchased at a cost of \$10, if needed.

MONDAYS

CLASS	AGE	TIME	DATES	INSTRUCTOR	LOCATION	COST
Advanced Yoga	18+	6:30pm to 8pm	April 3 to May 29 Cancelled Dates: Apr 17, May 22	Sarah Junkin	River Heights School – Sm Gym	\$75
Family Hula Hooping	All ages	6pm to 7pm	April 3 to June 5 Cancelled Dates: Apr 17, May 22	Karla Kloebe	Brownell School - Lrg Gym	\$30
Beginner Yoga	18+	8:15pm to 9:15pm	April 3 to May 29 Cancelled Dates: Apr 17, May 22	Lisa Leis	River Heights School – Sm Gym	\$50
Co-ed Badminton	16+	9 pm to 10:15pm	April 3 to May 29 Cancelled Dates: Apr 17, May 22	Self- instructed	River Heights School – Lrg Gym	\$15

TUESDAYS

Zumba	18+	7pm to 8pm	April 4 to May 30 Cancelled Dates: Apr 18	Heather McDonald	River Heights School – Sm Gym	\$30
Running Group	16+	6pm to 7pm	April 4 to June 13 Cancelled Dates: Apr 18	Jordan Kapphahn	Silverwood Heights School – entrance	\$35

WEDNESDAYS

Pilates 1.0	18+	7pm to 8pm	April 5 to May 31 Cancelled Dates: Apr 19	Diane Hein	River Heights School – Sm Gym	\$50
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THURSDAYS

Zumba	18+	7pm to 8pm	April 6 to May 25 Cancelled Dates: Apr 20	Heather McDonald	River Heights School – Sm Gym	\$25
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INTRODUCTION TO SOFTBALL

Ages 4 & 5	Mid May - end of June	Looking for a parent volunteer to coach			Behind River Heights School	\$20
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WE LOOK FORWARD TO SEEING YOU OUT IN THE COMMUNITY THIS

SPRING

